



**EMDR Europe Workshop
Conference 2026**

Unlocking the power of AIP
5 - 7 June 2026

Third Keynote Revealed & Standard Fee Deadline Approaching!

Dear Colleagues,

We are thrilled to introduce our third keynote speaker for the **EMDR Europe Workshop Conference 2026 in Oslo**. **Bjørn Aksel Aasen** will explore how a deeper understanding of the AIP model opens unseen possibilities for reprocessing - a session not to be missed.

Bjørn Aksel Aasen KEYNOTE SPEAKER

Norwegian clinical psychologist and EMDR Europe Accredited Senior Trainer. Practicing EMDR since 1994 and training since 2006, Bjørn has delivered workshops across Europe, Asia, and Africa on trauma, dissociation, addiction, and the Adaptive Information Processing (AIP) model.

[▶ Watch Bjørn's Video](#)

In this thought-provoking keynote, Bjørn Aksel Aasen invites clinicians to rethink the boundaries of EMDR therapy through a deeper understanding of the Adaptive Information Processing (AIP) model. Drawing on more than three decades of clinical practice, training, and international teaching, he explores how pathogenic and unprocessed memories shape maladaptive patterns across a wide range of disorders - not only PTSD. By adopting a transdiagnostic perspective, this session highlights how EMDR processing can be applied far more broadly than many practitioners realise, helping therapists identify meaningful targets, overcome conceptual blind spots, and unlock the full adaptive potential of EMDR therapy in diverse clinical contexts.

Secure your Ticket Today!

Benefit from the Standard Fee until 20 May!

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