



EMDR AND DISSOCIATION: CLINICAL DECISION-MAKING FROM A TRANSDIAGNOSTIC PERSPECTIVE

training with an integrative clinical
framework for working with EMDR and
dissociation, approached from a
transdiagnostic perspective
With Dolores Mosquera

- ✓ HOW TO INTERVENE TO RESTORE REGULATION AND A SENSE OF SAFETY
- ✓ PRACTICAL TIPS ON DISSOCIATIVE SYMPTOMS
- ✓ CLINICAL EXAMPLES



Date:
11/04/26
from 2 PM to 6 PM CET



Location:
Online



REGISTRATION FEE:
80,00 EUROS
LOW INCOME COUNTRIES:
40,00 EUROS.

Contact us!

EGA.EMDRGLOBALALLIANCE@GMAIL.COM



EMDR and Dissociation: Clinical Decision-Making from a Transdiagnostic Perspective

Dolores Mosquera

This seminar presents an integrative clinical framework for working with EMDR and dissociation, approached from a transdiagnostic perspective. Dissociative symptoms are understood as present across a wide range of disorders and in many clients, regardless of whether they meet criteria for a specific dissociative disorder.

Through clinical examples, the seminar illustrates the many ways dissociative symptoms can manifest during the different phases of EMDR therapy, ranging from subtle signs of disconnection to more complex internal blocks. These responses are understood as adaptive attempts by the client to manage emotional overload and maintain stability within the therapeutic process.

The seminar provides practical tips on what to do when dissociative symptoms emerge in session: how to identify them early, how to adjust pacing and intensity during EMDR trauma work, how to intervene to restore regulation and a sense of safety, and how to make informed clinical decisions about when to proceed or pause reprocessing. Adaptations of the EMDR protocol across different phases of treatment will be discussed, including guidance on when such adaptations are indicated and when they are not.

This seminar supports clinicians in developing a deeper and more practical understanding of dissociative symptoms within EMDR Therapy, enabling safer, more attuned interventions that promote stabilization, effective therapeutic work, and improved clinical outcomes across diagnostic presentations.



EMDR AND DISSOCIATION
CLINICAL DECISION MAKING
FROM A DIAGNOSTIC PERSPECTIVE

Dolores Mosquera

April 11th, 2026
2 PM to 6 PM (CET)

Registration form

NAME: _____

DEGREE: _____

ADDRESS: _____ CITY: _____

COUNTRY: _____ CODE: _____ PHONE: _____

E-MAIL: _____

MEMBER OF NATIONAL OR REGIONAL EMDR ASSOCIATION: _____

NOTE:

Participants should be a member of a National or Regional EMDR Association and have attended an EMDR Workshop, at least Part 1.

The regular seminar fee is 80 euros and for Low Income Countries is 40 euros.

Please send this registration form with your information and with a copy of payment to:

ega.emdrglobalalliance@gmail.com

Payment to:

**EMDR Global Alliance
The International Society for EMDR Therapy
Im Oberstadel 5
8405 Winterthur**

**PostFinance
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