**Healing the Wounds of Attachment and Rebuilding Self:**

**An Advanced Course for EMDR Therapists**

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12 CEs

***Clients who have complex trauma present unique challenges for the EMDR therapist. In this advanced training, the question isn’t just, “What happened to the client in the past that informs their current difficulties?” It’s, “What did the client learn to do in response to what happened that is now the source of their problems, both with themselves as well as with others?”***

***In this training, we will answer these questions and more as we learn to understand the client’s attachment difficulties through the lens of AIP theory.* *We will focus on what our clients learned to do in response to what happened to them as children that have now developed into patterns of response that are overdeveloped and problematic. We will also discuss what to work on as a case evolves over time and how we modify the standard protocol to best meet the client’s needs. By addressing the lessons from childhood, we can help our clients develop new, alternative ways of thinking, feeling, and responding to self and others, transforming their ability to be fully present to all that life has to offer.***

**Learning Objectives**

Participants will:

* Understand the four adult attachment styles and identify two or more patterns of response that correlate with the client’s predominant style
* Develop an AIP-informed treatment plan by identifying formative attachment experiences where the client learned to respond using these identified patterns
* Identify the different attachment states both in and out of reprocessing bringing attention to the client’s experience
* Identify one or more defensive patterns of response in and out of reprocessing to facilitate the client’s ability to observe the defense and consider alternative emotional strategies
* Know how and when to modify the standard protocol of past, present, and future to address attachment-related patterns of response.
* Learn how and when to apply Clinical Interweaves to facilitate the client’s reprocessing, not just when the client is stuck, but also to address developmental deficits
* Develop the client’s capacity to successfully integrate more adaptive relationship skills into their current lives