



INSTITUTE FOR CHRONICALLY  
TRAUMATIZED CHILDREN

## Webinar series EMDR and chronic trauma in children

**Trainer:** Arianne Struik is a clinical psychologist, family therapist and EMDR consultant, originally from the Netherlands and director of the Institute for Chronically Traumatized Children (ICTC) from which she provides specialized trauma treatment in remote areas, as well as workshops, training, supervision and research. She developed the award-winning Sleeping Dogs method, described in the book *Treating Chronically Traumatized Children* and teaches internationally on the treatment of trauma and dissociation in children. She is member of the ESTD Child and Adolescent Committee and the Australian Psychological Society EMDR Interest Group national committee.

**Costs:** 60 AUD

**Accreditation:** EMDR Europe CPD Credits 1.5 per webinar

Register via [www.ariannestruik.com](http://www.ariannestruik.com)

## Webinar EMDR and dissociation in children I

**3rd of March 2022 9.00 am DK time**

**Content:** Chronically traumatized children can struggle with dissociation in daily life or even have a dissociative disorder. Processing traumatic memories with EMDR is considered first choice treatment, but how do we address the dissociation? In this webinar, part I, we will discuss the preparation, Phase 1-2 of the EMDR Child protocol, and we will address questions such as: What does trauma treatment for children with dissociation look like? How do I stabilise and prepare the child for EMDR? How can I assess, whether I can start with EMDR or not? What can I expect during EMDR therapy? Why does the child not remember traumatic experiences? How can these memories be made accessible, when there is amnesia? How can I explain dissociation to children?



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## Webinar EMDR and dissociation in children II

6<sup>th</sup> of April 2022 at 10.00 am DK time

**Content:** Chronically traumatized children can struggle with dissociation in daily life or even have a dissociative disorder. Processing traumatic memories with EMDR is considered first choice treatment, but how do we address the dissociation? In this webinar, part II, we will discuss Phase 3-8 of the EMDR child protocol for children who dissociate or have a dissociative disorder. We will address questions such as: What can I expect during desensitization of the traumatic memories? How can I manage shame, guilt, self-hatred? How can I troubleshoot when things go wrong? Which extra support may children need? What does the child need after EMDR therapy?

## Webinar Online EMDR with adolescent with neuro functional disorder

16<sup>th</sup> of May 2022 at 10.00 am DK time.

By Dr Jenny Dwyer

**Content:** This case presentation follows the therapeutic journey with a 16-year-old girl who suffered debilitating pseudo seizures following a traumatic event. In extended COVID lockdown, with telehealth the only means of connecting, the presentation explores the process of EMDR therapy. With the standard protocol providing structure and guidance, the therapist drew on adaptations and adjunct approaches to help build the therapeutic alliance and ensure safe processing. This included family therapy, Animal Assisted Therapy, and the creative use of Elan Shapiro's G-TEP. **The presentation makes extensive use of clinical video excerpts which is why this presentation will not be recorded.**



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**Trainer:** Dr Jenny Dwyer is the Director of EMDR Academy Australia. She is an accredited mental health social worker, child and family therapist, and EMDR consultant and trainer. In her clinical practice, she provides EMDR to adults, children and families, incorporating a range of adjunct approaches, including Animal Assisted Therapy. She has an interest in EMDR early intervention and group treatments and is accredited to provide R-TEP and G-TEP training in Australia.

## Webinar EMDR in residential care

**22<sup>nd</sup> of June 2022 at 10.00 am DK time**

**By Arianne Struik and Nienke van Vliet**

**Content:** Many children in residential care are chronically traumatised and they could really benefit from EMDR therapy, however their behaviour is very difficult and they are often not stable. In this webinar Arianne and Nienke will discuss how EMDR therapy can be delivered to for children and young people in residential care. They will answer questions about preparation such as: how to assess when a child is ready for EMDR and how can the residential staff support the EMDR therapy, and about the desensitization phase where intense fear, strong ab reactions, aggression, dissociation, blocking in processing can occur. Several techniques will be discussed to keep these children within their window of tolerance and to continue processing with for example movement, boxing, smells and music and intensive EMDR. Do you work with children in residential care? Join us in this webinar and ask your questions.

**Trainer:** Nienke van Vliet is a Clinical Psychologist, Schematherapist and EMDR therapist. After 11 years of working as a Clinical Psychologist in outpatient psychiatry, she is now working as a Clinical Psychologist in a closed residential care facility in the Netherlands for children age 12-18 who are staying there for several months for their own safety or for the safety of the society.

### **Other topics:**



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**4<sup>th</sup> of August 2022 Treating pain in children.** at 8.00 pm Auckland, 6.00 pm Melbourne, 6.00 pm Brisbane, 10.00 am European time, 9.00 am UK/Ireland. In this webinar Carlijn de Roos will provide an outline on how to conceptualise and treat chronic pain in children with EMDR.

**3<sup>rd</sup> of October 2022 Selecting targets for EMDR.** at 9.00 pm Auckland, 7.00 pm Melbourne, 6.00 pm Brisbane, 10.00 am European time, 9.00 am UK/Ireland. This webinar provides a guideline on how to select targets when there are many traumatic memories or children do not have specific memories but suffer from (emotional) neglect, what to address in which order.

**21<sup>nd</sup> of November 2022 Guilt, shame, moral injury** at 9.00 pm Auckland, 7.00 pm Melbourne, 6.00 pm Brisbane, 9.00 am European time, 8.00 am UK/Ireland. In this webinar we discuss techniques and interweaves to manage guilt, shame and moral injuries when these are blocking EMDR processing.